

PELVIC ULTRASOUND

PROCEDURE: High frequency sound waves are used to image the organs of the lower abdomen: the urinary bladder, uterus, ovaries, pelvic walls and vessels.

PREPARATION FOR THE EXAM:

The urinary bladder must be full to image the pelvic organs. So you must **finish drinking 4 large glasses of water one hour before your exam time.** Do not empty your bladder from the time you drink your liquid until after the exam is complete. You may eat.

It will take 20 to 30 minutes for the Sonographer to perform your exam. The Radiologist interprets the Ultrasound images. The report is sent to the doctor who ordered your exam. You should contact your doctor for the test results.

A Pelvic Ultrasound includes the following:

- Uterus
- RT Ovary and Adnexal Region
- LT Ovary and Adnexal Region

This exam consists of a transabdominal scan with a full bladder and a transvaginal (TV) scan. The TV scan is an ultrasound probe that inserts into the vagina as a tampon would. **THIS IS DONE WITH ALL PELVIC ULTRASOUNDS** with the exception of minors who are not sexually active.

PREP: Please drink 32ozs. of water 1 hour before your appointment time. This is to be finished within 10-15 minutes. If you become extremely full before your exam, you may empty your bladder enough to be comfortable. You will empty your bladder before the TV exam.

If you have had a hysterectomy or your ovary(s) removed, the exam will be done the same way.

EXAM DATE: _____ **FINISH DRINKING TIME:** _____

APPOINTMENT TIME: _____